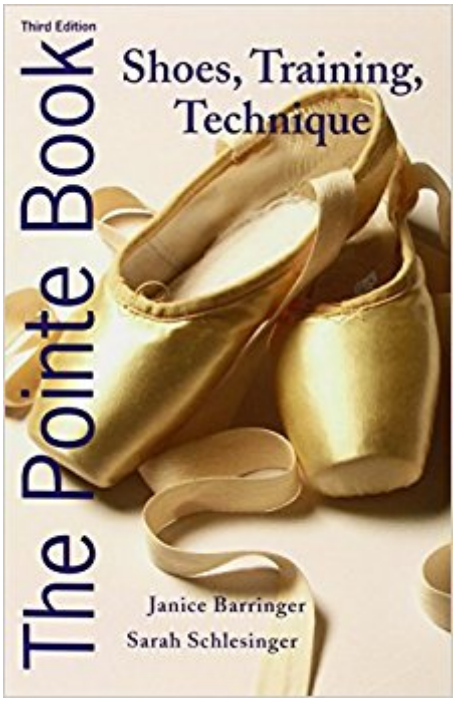
Ebook Directory
the best source of ebook

The book was found

The Pointe Book: Shoes, Training, Technique



PDF
Adobe
DOWNLOAD EBOOK

Synopsis

A complete examination of the pointe technique and pointe shoes is provided in this guide. Dancers tired of their pointe shoes wearing out too quickly benefit from a thorough explanation of the shoemaking process, and the book includes tips that show how to best fit, care for, and custom order toe shoes. Interviews with ballet stars reveal their highly evolved but proven methods of caring for pointe shoes, while the basics of the pointe technique, different methods, and its history are also discussed. With a handy reference on pointe-related injuries and their remedies, this new edition also offers the latest information on contemporary designs, materials, products, and suppliers. A sampling of pointe technique schools around the country offers an authoritative syllabus for teachers and students alike.

Customer Reviews

"This remains the only book of its kind to focus exclusively on pointe shoes and techniques. A 'must' for any serious ballet teacher." Ã Â —Library Bookwatch“Detailing the shoemaking process, the comprehensive guide profiles major shoe manufacturers and the fundamentals of fitting, purchasing, and preparing pointe shoes. Interviews with leading dancers. choreographers, shoe fitterts, and medical professionals help demystify the mechanics of pointe dancing. This unusual resource is a fascinating yet essential tool for professional dancers, students, teachers, and ballerinas.Ã¢â ¬Â•Ã Â —Booklist“[This book] addresses nearly every question that you could think to ask about pointe shoes.Ã¢â ¬Â• Ã Â —Dance Magazine“A must read for those who teach pointe work.Ã¢â ¬Â•Ã Â —Dance Teacher Now“This book is especially recommended for ballet students, but will also appeal to those who are interested in the art form and fascinated by the seeming ease that the ballerina brings to working on pointe.Ã¢â ¬Â•Ã Â —Choice MagazineÃ¢â ¬Å“An exceptionally worthwhile text for those caring for the health of professional dancers and for any dance student on pointe. Useful for parents, teachers, as well as dance enthusiasts.Ã¢â ¬Â•Ã Â Ã¢â ¬â •Gigi Beradi, Western Washington State College, The Journal of Dance Medicine and Science

Janice Barringer is a musical consultant for Stepping Tones Records in Los Angeles and has been spotlighted in the PBS Dance in America series. She has been on the faculty of the American Dance Center, Ballet Hispanico, Harkness House, and STEPS and is a columnist for Pointe. Sarah Schlesinger is the former owner of the Capezio Dance Theatre Shops in Maryland and Delaware. She has extensive experience in fitting and repairing pointe shoes and is chair at the graduate

musical theater writing program at New York UniversityÃ¢â ¬â„¢s Tisch School of Arts. They both live in New York City.

Download to continue reading...

Pointe Shoes for Beginners: Everything You Need to Know About Pointe Shoes The Magic of Pointe Shoes: Everything a Dancer Needs to Know About Pointe Shoes. All the Secrets Revealed by the Experts. The Perfect Pointe Book: All you need to get on pointe, stay on pointe and be the very best dancer you can be! The Pointe Book: Shoes, Training, Technique The Pointe Book: Shoes, Training & Technique Second Edition Puppy Training: How To Train a Puppy: A Step-by-Step Guide to Positive Puppy Training (Dog training,Puppy training, Puppy house training, Puppy training ... your dog,Puppy training books Book 3) Shoes, Shoes, Shoes: The Autobiography of Alice B. Shoe Crate Training: Crate Training Puppies - Learn How to Crate Train Your Puppy Fast and Simple Way (Crate Training for Your Puppy): Crate Training (Dog Training, ... Training, Dog Care and Health, Dog Breeds,) Pointe Shoes, Tips and Tricks: For Choosing, Tuning, Care (Ballet) Cat Training: The Definitive Step By Step Guide to Training Your Cat Positively, With Minimal Effort (Cat training, Potty training, Kitten training, Toilet ... Scratching, Care, Litter Box, Aggression) Puppy Training: The Ultimate Guide to Housebreak Your Puppy in Just 7 Days: puppy training, dog training, puppy house breaking, puppy housetraining, house ... training, puppy training guide, dog tricks) Puppy Training: The Complete Guide To Housebreak Your Puppy in Just 7 Days: puppy training, dog training, puppy house breaking, puppy housetraining, house ... training, puppy training guide, dog tricks) Puppy Training: A Step-by-Step Guide to Crate Training, Potty Training, Obedience Training, and Behavior Training Dog Training -Train Your Dog like a Pro:The Ultimate Step by Step Guide on How to Train a Dog in obedience(Puppy Training, Pet training book) (Dog Taining, ... training books,How to train a dog, Book 2) Pete the Cat Set (Pete the Cat I Love My White Shoes, Pete the Cat Rocking in My School Shoes, and Pete the Cat and His Four Groovy Buttons) by Eric Litwin (2013) Paperback Pete the Cat Audio CD Pack : Includes 3 Audio CDs : Pete the Cat and His Four Groovy Buttons CD / Pete the Cat: I Love My White Shoes CD / Pete the Cat: Rocking in My School Shoes CD (Pete the Cat Audio CDs) Brain Games for Dogs: Training, Tricks and Activities for your DogÃ¢â ¬â„¢s Physical and Mental wellness(Dog training, Puppy training,Pet training books, Puppy ... games for dogs, How to train a dog Book 1) Dog Crate Training: 8 Tips to Help Your Best Friend Adjust (Dog Training, dog crate training problems, dog separation anxiety, dog potty training Book 1) Bodyweight Training: Bodyweight Cross Training WOD Bible: 220 Travel Friendly Home Workouts (Bodyweight Training, Bodyweight Exercises, Strength Training, ... Bodybuilding, Home Workout, Gymnastics) Rowing WOD Bible: 80+ Cross

Training C2 Rower Workouts for Weight Loss, Agility & Fitness (Rowing Training, Bodyweight Exercises, Strength Training, Kettlebell, ... Training, Wods, HIIT, Cardio, Cycling)

Contact Us

DMCA

Privacy

FAQ & Help